

## Why This Class?

This popular family class focuses on the facts and feelings of growing up. Parents and kids learn in a comfortable environment where all questions are answered regarding puberty and body science, how families are created, safety and the care and keeping of self and family communication. A God-centered approach undergirds the course content.

*"Our bodies are designed by God, touched by God and they are truly and wonderfully made."*  
- Coco McAtee

## Instructor

Coco McAtee, LCSW, is a health professional and a licensed clinical social worker with two decades of experience teaching kids and parents about sexuality. She has worked with hundreds of families —of all kinds. Session participants enjoy and are enlightened by Coco's dynamic, comfortable delivery of information and insights on topics that can be embarrassing or uncomfortable to discuss. Presentations are relaxed, factual and fun. More importantly, they open ongoing channels of communication between parents and kids.



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# Plain Talk about Sex



for Kids & Parents

# Information

A 4-session class for parents and children to take together, Plain Talk centers on facts and fun. Parents have plenty of opportunities to share their own family values with their children while kids learn and grow. Parents will receive a complete information packet for home use.

This signature class for both kids and parents together addresses anatomy and physiology, sexual reproduction, abuse prevention and communication. Designed for parents and kids to learn together, the 4 week, 2 hour per session program centers on family communication while teaching facts and feelings about growing up.

The first session is for parents and other important adults in the child's life to attend. The remaining 3 sessions bring parents and kids together in an energetic atmosphere, engaging kids and adults alike. Participants are sorry that the final session has come! Parents report learning a few things themselves!

## Who

For families with children 8-12 years old (4th, 5th and 6th Grade).

Please note: Both parents or other caring adults in the child's life are encouraged to attend. At least one parent must attend the parent-only session in order for the family to participate in the course.

## Sessions

**Session I**, Introduction (parents only)  
Topic: Sex Ed: What is it?

**Session II** (parents and children)  
*"I am fearfully and wonderfully made." - Psalms*  
Topic: Anatomy, Physiology, Menstruation and Male Maturation

**Session III** (parents and children)  
*"It is not good for you to be alone." - Genesis*  
Topic: Sexual Intercourse, Responsibility and Planning for Your Future

**Session IV** (parents and children)  
*"I know the plans I have for you... plans full of joy not pain." - Jeremiah*  
Topic: Sexual Abuse Prevention and Your Uniqueness

## When, Where & Cost

# Registration

Plain Talk about Sex for Kids & Parents

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Name & Age of child/children attending

Name(s)	Age(s)
_____	_____
_____	_____